



Dorit Tidhar, MScPT

Was trained in lymphedema therapy by Prof. Judith Casley-Smith in 1999 and was certified by her as a teacher in Self Management and Exercise for Lymphedema in 2003. Dorit designed a program of Aqua Lymphatic Therapy to help people who suffer from lymphedema maintain and improve the results of conventional treatment and conducted a RCT to examine this method. Dorit is an active member of the steering committee of the Israel Lymphatic Therapy Interest Group of Physiotherapists. She has published 5 articles in scientific journals. She is now working at the McGill University Health Centre's Lymphedema Clinic in Montreal as a clinician and an instructor. She is coordinator of the educational program for lymphedema therapists, physiotherapists and nurses in various subjects related to lymphedema.